



# LIFT Tehama

November 18, 2022 9 AM – 3 PM

Tehama District Fairgrounds

Red Bluff, CA

## Project Homeless Connect Health & Medical Services Recycle the Warmth

### PROJECT HOMELESS CONNECT

Housing Programs & Shelters

Veteran's Benefits

#### Job Listings

CalFresh

Family Resources

Foster Youth Resources

#### Birth Certificates

DMV IDs &

Driver's License Renewals

#### Education Information

### HEALTH SERVICES

Flu Shots

COVID-19 Shots

Dental Information

Vision Exams & Glasses

Bring your current prescription to the event to skip the exam!

LIFT your family.

LIFT your health.

LIFT your housing.

LIFT your hope.

LIFT your knowledge.

Find us on Facebook at

[www.facebook.com/LiftTehama](http://www.facebook.com/LiftTehama)

To donate, volunteer or get more information, please visit:

[www.tehamacoc.org/lift](http://www.tehamacoc.org/lift)

or call

530-230-2405

### RESOURCE CONNECTIONS

Legal Services

Free Haircuts

Free Meal

Hygiene Supplies

Pet Services

Bike Services

Car Seat Safety Info

Showers

### RECYCLE THE WARMTH

Clothing for All Ages

Coats and Jackets

Blankets

Socks

**FREE RIDES  
on TRAX**

Free bus rides to the event and back home

